

MONEY TRIGGER MAP

Find the trigger before the trigger finds you

Map the moment, see the pattern, and install one guardrail you can actually keep.

WHAT YOU GET

\$9

One-page worksheet + quick start notes

- See the moment the leak starts.
- Pick one guardrail today.
- Keep the move small enough to
- repeat.

WHO THIS IS FOR

For people who know they overspend but cannot yet see what starts the chain.

DOWNLOAD LINKS

<https://tff365.com/downloads/tff365-money-trigger-map.pdf>

<https://tff365.com/downloads/tff365-money-trigger-map-worksheet.xlsx>

Simple enough to repeat.

Use the product like a system, not a one-off download. The point is to make the next useful move obvious and easy to repeat.

Spot the trigger

Write down what happened right before the money move. Stress, boredom, a bad text, payday, social media, or a late night scroll can all be triggers.

Name the pattern

Look for the repeat. If the same feeling shows up before the same kind of spend, that is the thing to catch.

Install one guardrail

Choose a rule you can keep today. Fewer taps, fewer surprises, and one replacement move that does not wreck the month.

NEXT MOVE

Open the product shelf, then keep the loop moving through Beacons, Messenger, and Spotify.

<https://tff365.com/products/money-trigger-map/>

What the bundle actually tracks.

This page gives the short version of the worksheet so the product feels concrete before anyone clicks the download.

Worksheet preview

Trigger, context, usual move, cost, guardrail, replacement move, status.

What to write down

The situation, the feeling, the amount, and the one thing you will do next time before money leaves your hand.

Best first win

Make one trigger visible and test one guardrail within 24 hours.

The product is a step, not the finish line.

Use the download, then route people back into the funnel. Blueprint first, Beacons next, Messenger when they are ready to talk, and Spotify to keep the story warm.

CONVERSATION PATH

Blueprint	https://tff365.com/financial-readiness-blueprint/
Beacons	https://beacons.ai/signup?c=tff365
Messenger	https://m.me/TotalFinancialFitness365
Spotify	https://open.spotify.com/show/033DHbSXNO21n5wdLdiBmx

Use the funnel. Keep the row moving. Stay ready.